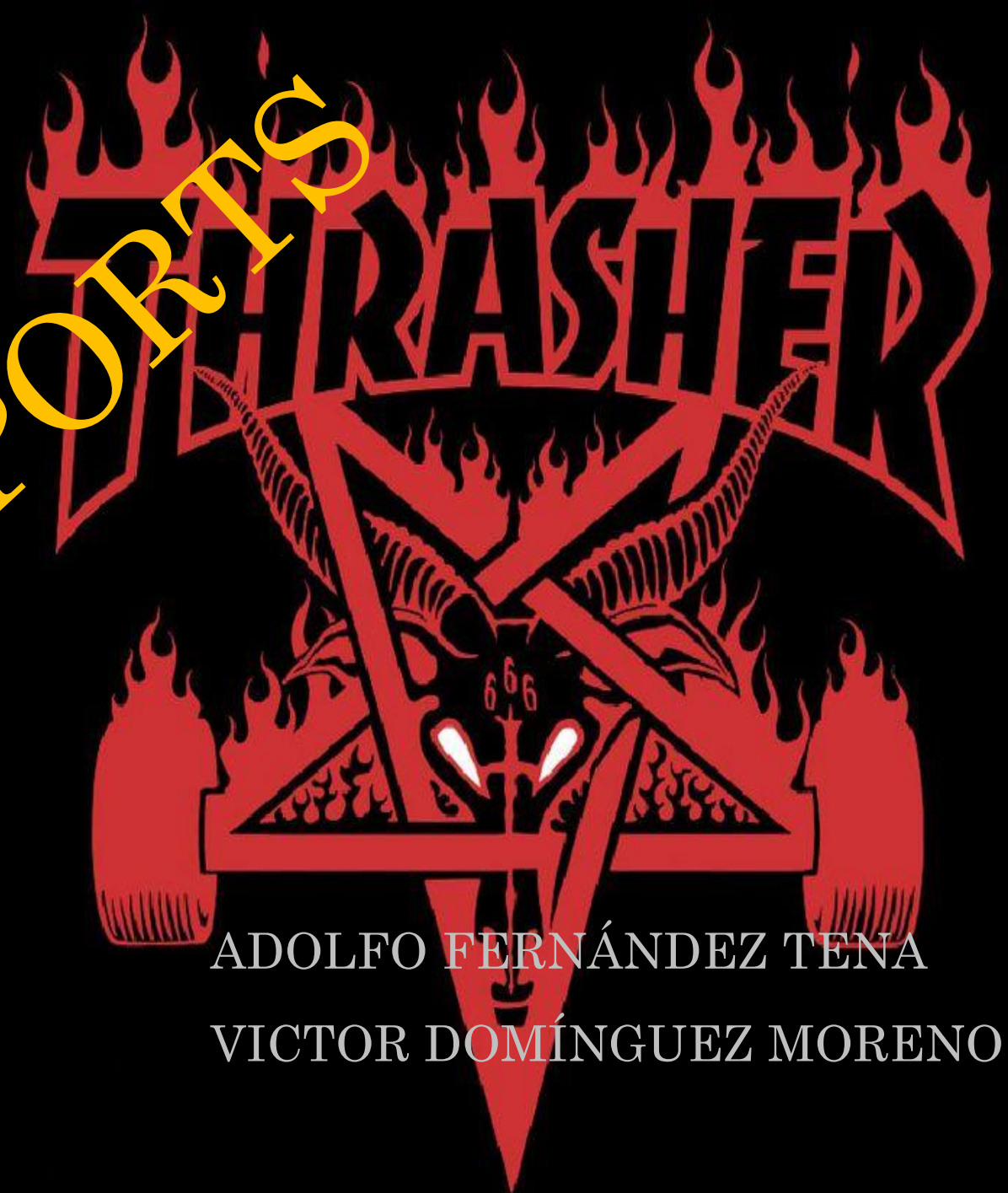




EXTREME SPORTS



ADOLFO FERNÁNDEZ TENA

VICTOR DOMÍNGUEZ MORENO



icsson

SKATE

QUICKSILVER

HISTORY OF SKATE

- Skateboarding starts shrouded in mystery. We do know that it first started in the 1950s, when all across California surfers got the idea of trying to surf the streets. No one really knows who made the first board instead, it seems that several people came up with similar ideas at the same time.
- Several people have claimed to have invented the skateboard first, but nothing can be proved, and skateboarding remains a strange spontaneous creation.

SKATE TRICKS



A skateboarding trick, or simply trick, is a maneuver performed on a skateboard while skateboarding.

“Ollie” is a jump where the front wheels leave the ground first. This motion is attained with a snap of the tail and sliding your front-foot forward to reach any altitude.

“Slides and Grinds” involve getting the board up and some type of ledge, rail or coping and sliding or gringding along the board or trucks, respectively.

SKATE PUNK



Skate punk most often describes the sound of melodic hardcore bands from the 1990s with an aggressive sound. Skate videos have traditionally featured this aggressive style of punk rock. Skate punk has gained popularity all around the world.

Skate punk started early in 1980s California, where skateboarding was growing in popularity and was considered a form of rebellion.

BMX

BMX

BMX

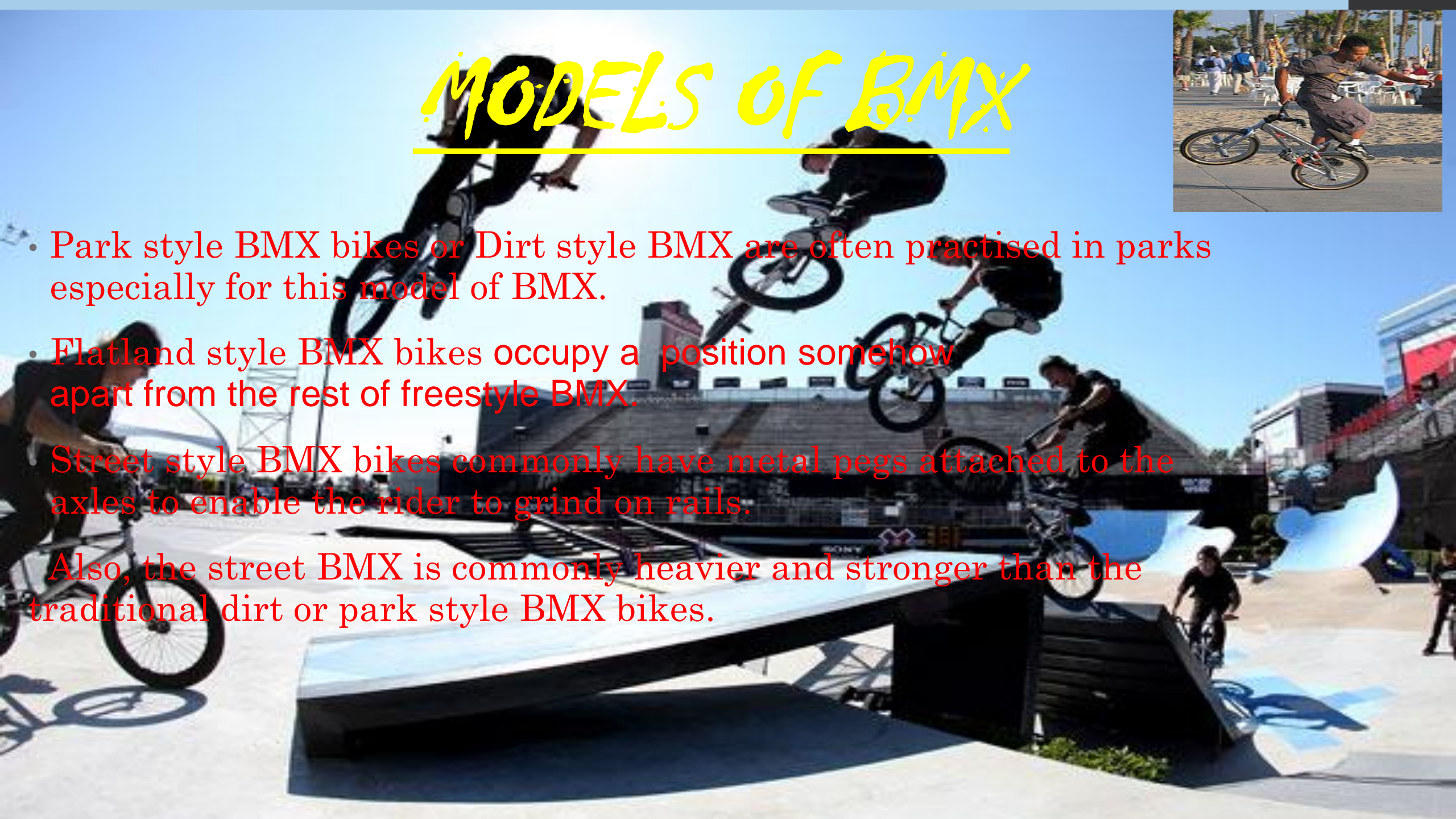
BMX



MODELS OF BMX



- Park style BMX bikes or Dirt style BMX are often practised in parks especially for this model of BMX.
- Flatland style BMX bikes occupy a position somehow apart from the rest of freestyle BMX.
- Street style BMX bikes commonly have metal pegs attached to the axles to enable the rider to grind on rails.
- Also, the street BMX is commonly heavier and stronger than the traditional dirt or park style BMX bikes.



BMX TRICKS

- Superman: The rider removes both feet and extends them outwards.
- Backflip: Both, rider and bike, do a backward flip while in midair.
- Bikeflip: The rider flips his bicycle without moving his body in midair.



HISTORY OF BMX

BMX started in the early 1970s when children began racing their bicycles on dirt tracks in Southern California, drawing inspiration from the motocross superstars of the time.

BMX racing was a phenomenon by the mid-1970s. Children were racing standard road bikes off-road, around purpose-built tracks in California.

